

SPECIAL REPORT

Get Out Of Hot Water Fast

How I Saved My Clients
From Pending Financial, Legal
and Relationship Problems In Less Than
30 Days With 90 Minute Conversations



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www.GetOutOfHotWaterFast.com

What I Did and How It Can Work For You

The name of this book is “Get Out Of Hot Water Fast: How I Saved My Clients From Pending Financial, Legal and Relationship Problems In Less Than 30 Days With 90 Minute Conversations.”

Just wanted to let you know before we continue, please let me make it very clear that my results are not typical and may seem like a work of fiction.

Chances are we have not met... so I am not making any claims or implications that you will duplicate my results or achieve any results whatsoever. Also I am not a financial, legal or relationship expert of any kind.

I’m going to show
you what worked
well for me.

I’m going to show you what worked well for me, and it’s my hope that you will be able to utilize some of the information that I share with you to get the results that you are personally after.

So if you’re looking for one of those “miracle” cures where you blame others for the mess you’re in and take ZERO accountability for “stupid legal, financial and relationship mistakes you made” this won’t help.

If you refuse to let go of your painful past, broken relationships, bad business deals and don’t want to use your imagination to create a better life close this book.

BUT - if you’re a “real person” who’s gotten a raw deal from someone you trusted, (and they’re wreaking legal, financial, mental and emotional havoc in your personal or professional life), then continue reading.

If you keep making costly decisions with one or a string of unreliable people who are in your family, work with or for you on your staff or sales team and you’re

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kicking yourself for not seeing the early warning signs that now cost you precious time, money, energy, your good name and faith, then this might be for you.

If you pride yourself in putting other's first, doing your best work, taking care of your own, building a good name, honoring your family and professional commitments, making a difference, helping the community and leaving a rich legacy you might just have the seeds to create financial, legal and relationship miracles.

If you regret the incompetent backstabbers you entrusted and you no longer feel safe having them: run your business, work for you, deliver quality, serve your family, partner for a specific time period or be a great client because *they* dropped the ball, stole from you, hurt your reputation, misrepresented you, blamed you, cost you a big account, stopped being dependable, threatened to sue you, became irresponsible, depleted your funds, reengaged on your legal and verbal commitments or put you in legal hot water then this might be for you.

If you are ready to shift your perspective from a place of fear to love, ignore the crazy makers and drama for a few minutes; use your focused imagination to get clear on your ideal results, tune into your inner knowing/spiritual guidance, honor your desires and step more consciously and fulfilled into the role of fiction writer, director and the starring role of a dream come true life script this is for you.

I say fiction writer because the future is not here yet and you have a choice to continue down the path of pending legal, financial and relationship doom or create a new story that obviously hasn't been written yet or you wouldn't be in this situation.

In 2013 my average clients saw miracles in their finances, legal affairs and relationships and experienced better than planned results in 7-30 DAYS. And it didn't matter if the need was to get a thousand bucks to keep their store front open before folding, receive more respect and appreciation from their family, receive an unexpected gift of four years of college and room and board from a distant relative valued over \$100,000, clear up misunderstandings with co-workers and clients,

transcend the legal threats of crazy trouble makers threatening to sue, or get new clients to pay off sizable debt, **my clients experienced these unexpected results.**

In this book, I'll tell you how I did it and give you a plan that you can use too.

Part 1: Why You're In Hot Financial, Legal, Relationship Water Or Stuck Where You Are.

The only way I can describe what happens when you treat the drama in your life as the only path and try to deal with the crazy makers that helped you create this mess is a:

TIME, MONEY AND ENERGY PIT

And there are a few reasons aside from my personal experience that make me say this.

First, there is the cost of making bad decisions; picking an ill suited vendor, advisor, business partner, mate, care giver, service provider, client, work assignment or employee. (Unfortunately these same people you may have depended on previously showed early warning signs this time around that working with you was NOT a good fit) and now you are in legal, financial or relationship hot water:

**Albert Einstein once said, "We cannot solve our
problems with the same level of thinking that
created them."**

In this book, I'll tell you how I helped people **use powerful uplifting conversations and written statements** to shift their attention away from their

fearful financial, legal and relationship nightmares, and how they very quickly replaced them with a new loving reality that offered joy, victory, peace and dream come true results once they shifted their attention on what was working rather than the pending doom and mounting problems that seemed all consuming.

That's right, they began to ignore their fears with help from powerful refocusing tools and start paying attention to what they loved and what their heart desired. Then we created a laser-focused best-case scenario success map that helped them eliminate time, money and energy wasting distractions.

The deeper clients stepped into the field of manifesting and quantum physics to address life's urgent demands the more they jubilantly experienced an increase of opportunities, synchronicities and something that could be described as miracles:

“A miracle is a shift from fear to love” – A Course In Miracles

According to German theoretical physicist and one of the key creators of quantum mechanics, Werner Heisenberg, "The crucial feature of atomic physics is that the human observer is not only necessary to observe the properties of an object, but is necessary even to define these properties." This what we did in our *Get Out Of Hot Water Fast* conversations.

What were these untapped resources? **Don't laugh...**

It was their mental and emotional debts that accumulated over the years that kept them stuck.

Here's where people got stuck:

1. They **owed** others too much money
2. They undervalued their **true worth**

3. They **reluctantly** give away valuable things for free
4. They hadn't partnered with a power greater than themselves with the understanding Higher Power out gives them ten times what people **joyfully give or tithe**

The real gem of this exercise wasn't tallying up their credit card debts, student loans, medical expenses, mortgage although that is **the first step of the seven-step process.**

STEP ONE – “Documented Financial Debts”

We began the process of noting their current financial situation: We listed all the documented debts my clients had. An example would be:

FINANCIAL

- Credit Card (\$6,000)
- Mortgage (\$179,000)
- College Loans (\$27,000)
- Medical Bills (\$17,000)
- Borrowed from Friends and Family (\$5,000)

Total debt is (\$234,000) or is it?

Next we took stock of what once looked like worthless assets, connections, work and challenges built up over the years and organized them in a new way. Instead of seeing them as missed opportunities to get paid or free labor...

We got a closer look at what my client's "had already contributed" to: themselves, family, community, clients, business partners, employers and prospects. Instead of thinking they had to go out and drum up more business right away we did something rather bizarre and sci-fi: **We harnessed the economic power of unpaid jobs and contributions they offered over the last 5, 10, 20, 40 plus years** and acknowledged them as real wealth and assets in the world. Even though they didn't

physically get paid for all these services and contributions it was real work, expertise, services, aid, care, attention, products and services they offered the community. And if someone else who did the exact same thing could have been paid a certain hourly or project amount we added that to their over all untapped value.

Many of my clients who participated in transforming their unpaid contribution were authors, coaches and baby boomers eager to leave a profitable lasting legacy. This is what I discovered in my journey to help them drum up more money to pay me and save them from pending legal and financial troubles. The average baby boomer 51+ that went through this seven step process to “Transform Debt Into Abundance” discovered they **had given somewhere between \$100,000-\$500,000 of unpaid products and services to the world.**

How did we calculate this?

First we added up all the debt and expenses their accountant would tally:

FINANCIAL

-Credit Card (\$6,000)

-Mortgage (\$179,000)

-College Loans (\$27,000)

-Medical Bills (\$17,000)

-Borrowed from Friends and Family (\$5,000)

Total debt is (\$234,000) or is it?

Next we dove into uncharted territory. We started to add up all the mental and emotional debts that didn't normally show up on assets and loss sheets. These were the mental and emotional debts from the work or contributions my clients made but didn't receive the desired financial contribution. We added up what they would have paid if they had hired someone else for the same products and services they offered for free. Read more about it in the next step:

STEP TWO – “Energy Drains”

Think of this as an energy audit identifying cracks and leaks in your financial structure.

The second step involved debts that were not as well documented, but they were equally important to acknowledge. This took some time to process. It was one of the steps that required mental and emotional support. We wrote down all the things that my clients and students didn't get paid for and a dollar amount next to them as if they had paid a professional to do these things (instead of themselves).

This included extra hours of unpaid overtime as a salaried worker, all the unpaid book keeping or after schoolwork at the family store or business since they started working as a kid.

We tallied the free rent to adult tenants that they helped a friend get back on their feet, estimated at a couple hundred bucks a months. This included any unpaid room and board or office space. All the free services and training or business deals/partnerships that went unpaid or went bust got tallied.

We added up all the home care for loved ones including driving to the assisted living care facilities and gas, or the amount they would have paid a caregiver, hospice, nurse or home aid if they hadn't done the driving back and forth, running errands for free, and we included the wear and tear on their vehicle. Follow along with your own list.

PHYSICAL

-A client who didn't paid (\$4500)

-A car accident that raised insurance rates and anger level driving by the scene of the accident (\$200/yr)

-A business partner who cost a lot of wasted time and money. (\$95,000 of missed opportunities)

-An investor who pulled out of my client's company (\$50,000) = \$149,700

Some big light bulbs went off and in some cases a box of tissues was needed adding up thousands of dollars of real world market value of unpaid work and lost opportunities and unpaid resources. We were uncovering the mental and emotional pain that kept my clients stuck in the past, unable to move to the next level of income or value for themselves in the presence of their family, friends, peers, authority figures, clients and co-workers.

It was also the massive amounts of forgiveness that took place in these 90-minute conversations that therapy and counseling for some reason had not been able to resolve.

The people that increasingly had success were those that got weekly support from my private and group coaching. As all these new opportunities and gifts that suddenly "came" into their lives were validated they continued to accept better results. (The funny thing was sometimes when people learned the process of creating financial, relationship and legal miracles there was a tendency to stop expanding after a couple incredible goals were reached even though they wanted more.) That's why it's important to read these steps and begin to implement them and stretch to a more abundant place with the help of a mentor and group support.

Because the steps are mental and emotional it may appear that you aren't doing anything and when the very opportunities you yearned for come along sometimes it is easy to pass it off as a coincidence and not cease the profitable opportunity. However the more you diligently use these tools to improve your positive focus on what you want the quicker you'll perceive positive results.

When I worked with these clients I was amazed at how their sadness, regret, resentment, self-pity and shame was able to shift to more positive mental, emotional and physical states. This gave way to forgiveness, increased energy, more joy, a burst of insight and creativity that allowed us to access a larger inventory of untapped

abundance.

It was very cool to note that it didn't matter who did these *Get Out Of Hot Water* sessions: CEOs, business owners, employees, network marketers, opportunity seekers, artists, stay at home parents and retired folks. They discovered they had a boatload of untapped mental and emotional resources that they could convert to more of what they wanted, (suddenly having the key to open a rich vault).

MENTAL/EMOTIONAL DEBT

We wrote down things my clients said and did that devalued or cost them their personal or professional relationship, or created pain and suffering. This included unresolved mental and emotional debts and issues. Much like an attorney, we assigned a "fair market value" to how much the pain/lost opportunity cost them.

This included: Had an argument with folks and hadn't been able to share a monthly family meal in 15 years. (15 years X 12 months x \$10 meal = \$1800). There were still untold emotional costs and loss, but that was where we started.

As a salary or commissioned employee I asked my clients to give a general estimate of all the times they were asked to work late nights and weekends for X times over the years especially the times they begrudgingly did it. If it put a strain on their marriage that was even more pain we needed to process in the following seven step process. Unpaid hours totaled (X hours of overtime X \$rate = \$20,000)

MENTAL/EMOTIONAL DEBT TOTAL = \$38,800

This process worked great for a client who asked her big time serial cheating husband for a divorce and he flat out refused to grant her a one because he didn't want to pay her alimony. This went on for a couple years even with professional legal and spiritual counseling and therapy.

Something interesting happened within a couple days of going through this

seven-step 90-minute face-to-face *Get Out Of Hot Water Fast* conversation. Let me just say she didn't physically talk to her husband during the shift. Yet a couple of days later the husband suddenly presented the legal documents to proceed with the divorce. (Something she and her lawyer had requested for over a year.) On a side note that same week she got her divorce rolling, a client who normally paid her \$100/hour for her professional services suddenly paid her for 80 sessions in advance with a check for \$8,000. Talk about moving some legal, financial and relationship roadblocks.

STEP THREE – “Debt Tally”

In Step Three we added the physical, mental and emotional debts, and in this example it came to **\$154,800** but that didn't measure the real loss of emotions and opportunity for abundance. For many people I've worked with, they felt justified in holding on to some very old emotions over this debt. To move forward they needed to release them. This took us to the next step:

STEP THREE – “Forgive US Our Debts”

One day it hit me, The Lord's Prayer that I've known since childhood states clearly,

**“Forgive us our debts, as we also have
forgiven our debtors,” – Matthew 6:12.**

The process in step four took people some time so be patient and take special care of yourself as you clear old debts. The results were accelerated through staying hydrated, proper sleep, healthy nutrition, love, appreciation, physical activity and group training. With some clients we were able to clear a big chunk of this anger,

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resentment, shame, guilt, rage and disgust in about 90 minutes face-to-face. Here's what we did next. We:

1. Went through each PHYSICAL debt, (the client who hadn't paid them ... and any other debts they tallied).
2. Review the list of all the mental and emotional debt they had.
3. Went through and stated each offender or incident and journaled or acknowledge their anger around that expense. (You get why feedback with a friend, counselor or mentor during this process is so helpful, right?)
4. I helped them do what ever it took to forgive that person, organization or incident. On a mental and emotional level I helped them quickly forgive their debtors, and helped them create a much bigger space to receive greater abundance.
5. In their heart and mind's eye we went through each item and instead of feeling cheated or undervalued I transformed my clients into a mega philanthropist. We did this by acknowledging all the free stuff they had begrudgingly gave now as huge amounts of gifting once the guilt, shame, anger and resentment was lifted they now were able to mentally and emotionally go back and time and give with love.
6. During these 90 minutes we did what ever it took to forgive that person, organization or incident. I use some powerful processes with Scripting For Success clients that we will cover in greater detail here. And we in depth with the emotional clearing/forgiveness tools, rather quickly I might add.
7. Then we revisited the list of all the gifts, services and help that they gave over the years (and tallied the dollar amount in Step Three), finally from a place of love, appreciation, pleasure, joy, abundance and generosity even though they never received that income or matching value. They gave with a loving heart the value of what they had just tallied. How? Through an activity called tithing.

STEP FIVE – “Tithing”

The key to debt reversal was right in front of them. My clients couldn't be fully generous with others until they forgave their debts and debtors. Once they made steps in the previous steps to be generous with themselves and others some major shifts occurred from a place of love and generosity rather than fear.

In that moment looking at their list of previously unacknowledged or valued mental, emotional and physical debt they made a commitment to tithe. (While many Christian Churches recommend a commitment to give 10% of your earning even if this brings feelings of scarcity and anger, here I am suggesting that you only give what you will joyfully, enthusiastically with love and blessings. Since it was all mental and emotional income that we added something incredible happened.

My clients could have offered the standard tenth of their income to their greater good (God, Higher Power, Source or whatever name represents their beliefs) just as they would their agent, spiritual employer, manager, client, boss and the source of all their supply. I had them write this commitment, sign and date it and keep track of their gifts.

It was around this time working with intangible amounts of income that were never collected that brought up some extreme inner resistance from my peeps. You're probably not surprised. Old mindsets would have us believe "I am too poor and have too many bills and work too hard and do not have enough to give." Consider the life script you are holding to dear. It is exactly the opposite of what they really wanted to be true.

The shift they experienced embraced "the rule of thumb" stating that the amount they joyfully gave to someone or thing that filled them spiritually they would receive their blessing ten-fold.

So taking a leap of faith all the clients I worked with one-on-one had the

transformational experience of being able to freely give with gratitude without expectation of return. Some of my clients had done it the traditional tithing where they earned \$500 that week and tithed fifty dollars or 10% to something that really filled their heart with joy.

You may say, "That's great Ruth, but after they tithed \$50 to Higher Power, in theory they were sent opportunities for \$500 that week. That hardly put a dent in their massive debt and financial obligations and they still felt stress. What now?"

I am glad you asked. The next step required their heart full attention.

We'll dedicate most of the rest of the "Get Out Of Hot Water Fast" book to:

STEP SIX – "Script Your Abundance"

1. Abundance is more than a full bank account. It is a whole approach to life.
- 2.(In the same place they kept track of tithing to themselves and others), They wrote an itemized abundance list that was their order form to Higher Power.
- 3.They wrote it as if they already received and were enjoying their desired blessing.
- 4.Filled with gratitude they positively listed each physical, mental, emotional and spiritual blessing on a new line.

Examples:

My days are joyful and energized

I love my new energy efficient passive solar home

I train awe-inspiring community leaders on how to turn debt into abundance

I have clients and projects that are for the highest good for all involved

STEP SEVEN - “Transform Debt Into Abundance Meditation”

Step Seven includes a meditation that I used with every client after they had transformed their mental and emotional debts into from fear, anger and resentment to love and forgiveness. We used this exercise to open the heart and acknowledge existing connections to every person on the planet sending out love, forgiveness and empowerment. With debts reorganized into untapped abundance students, audiences and clients were able to gift insights and love to the global community. I helped them communicate directly to this vast network of infinite connections and send them their love and appreciation. We used this network to communicate with the lady’s husband who suddenly granted her a divorce after much pleading and flat out said “No,” “Never” to a divorce. We did this in a mediation at the end of our 90 minute session by reading him a love letter of appreciation, thanking him for the wonderful farm they owned and beautiful children they raised. This was after clearing much rage and sadness that hadn’t been cleared with years of counseling.

This entire meditation works best on a daily basis after you’ve cleared many blocks doing the six previous Debt Transformation steps. This meditation can be found in the podcast section of JVattraction.com given by my teachers from RichDreams.com Tom and Penelope Pauley. They teach you how to do it yourself and contact your ideal clients, missing people and income sources through their program Quantum Selling, which has worked great as an addition to my work.

I need to make clear that the process shared here is not meant to be financial, legal, relationship or health advice. The results shared are exceptional Scripting for Success cases with personal ongoing training from my business and may not reflect your individual results without a private session or mentoring program. For those who are committed to realizing the goal of transformational results possible through this program be sure to apply for a complimentary Debt Forgiveness Session at:

ScriptingForSuccess.com/debt-into-abundance.

“The sole purpose of money is to express appreciation.” – Arnold Patent

What you just read is powerful on it's own. Now I will go into detail of the foundation of this entire “Get Out Of Hot Water Fast,” “Scripting For Success” process that was present in my life as early as 2nd grade as an award-winning writer.

We'll pick back up with theoretical physicist Werner on the nature of focused attention, “This can be illustrated with the simple case of a subatomic particle. When observing such a particle, one may choose to measure — among other quantities — the particle's position and its momentum,” which I come to witness first hand that the observer affects the outcome on a subatomic emotional and thought level and new options are perceived, A.K.A. manifested in the physical. I like to think the particle is the focused thought and the wave is the perceived opportunity.

That's when the conscious observers started to overhear conversations that matched our newly designed: story i.e. success script, or success news headline that we created in Step Six – “Script Your Abundance”. Many have reported that déjà vu feeling of all ready test-driving and approving these future moments on mental and emotional levels. Their senses believed they were experiencing it in the moment and began to be aware of opportunities and conversations that matched their scripts.

The power of the success script for my clients was the power to quickly identify the ideal opportunity when it comes along without days, weeks or months of guess work. And when done correctly things clicked into place with instant recognition, confidence and laser focus sometimes within hours.

You probably hear every day that the “big thing” is “Positive Thinking,” right?

There's something to this “Self-Help Positive Thinking”. According to market research it's about an \$11 billion dollar industry (in terms of money spent by

individuals and corporate personal development costs).

And last time I checked, there was about \$170 billion being spent on leadership curriculum every year. Yet how often do you hold in your hands a process that literally creates miracles in 90-minute conversations, and physically shifts one's mental and emotional focus in a couple of seconds with proper review of the ground work laid during those 90 minutes?

The process you hold in your hand revolves around carefully worded statements aligned with the subjects' mental and emotional desires and beliefs. It's designed to help the observer shift from fear to love and suddenly become aware of positive new choices/communication patterns regarding their financial, relationship and legal dilemma. On a quantum level it's as if you only saw the dots and now suddenly you can see the wave, line or your ideal path.

As a whole, people spend more on fixing problems than they do on avoiding them and making better decisions and systems to prevent relationship, legal and financial problems in the first place.

So while everyone else is trying to go through the physical, cumbersome hoops to fix the disaster wading through physical divorces, lawsuits, budget cuts, reputation management, firing and rehiring, bitter quarrels-The positive manifestor/observer is trained at filtering out the trillions of possible scenarios around their pending doom and focusing on their best, most inspiring options. (After all, a person brushing teeth has a trillion options of how to hold the brush, what to think about during the teeth brushing episode, what flavor of tooth paste to use...) Yet for best, speedy results it's time to decide your specific wave/path. The approach taken in *Get Out Of Hot Water Fast* is the path of least resistance.

How? By focusing on the exact positive outcome you intended to be, do, have. These client successes treated these past, present and future obstacles as something that didn't stand in their way. (Did they brush off the fact they were stuck and had some serious challenges ahead right away when we first began the *Get Out Of Hot Water Fast* conversation? No.) Yet, when they did make a shift in their focus it was as if they caught a glimpse of the silver lining, which somehow parted the clouds on a stormy, nightmarish day. And this led to my clients receiving record income, new found family and professional respect and adventurous opportunities.

Second, positive focused manifestors decided on their ideal solutions and the ideal end results rather than reacting to the heart aching drama of their current reality. That is something that does take some training and reconditioning. (On average it takes my clients twelve weeks to start doing it on their own and about five weeks in a small group and about a 90-minute conversation focused on one major problem to start noticing a reality shift.)

Most victims of poor legal, financial and relationship problems don't have:

CLARITY, APPRECIATION AND CONFIDENCE

What happens when people work on the physical plane to resolve conflicts and don't know how to shift their focus on what they really want?

As you know, there are a lot of financial costs and legal and relationship disputes. Let's play with some numbers of doing it the hard way and costly way. According to CourtStatistics.org the average amount of attorney hours spent on Contract and Employment litigations (which among many problems include hiring or contracting the wrong people for the job) cost an average of 367-374 hours of professional legal counsel to bring closure to the cases. So with the initiate discovery, settlement, pretrial trial, post-disposition we're talking a median price tag of \$88K-\$91K for some businesses to resolve poor hiring issues.

And for people who cannot solve their domestic differences (because they didn't script their ideal happily ever-after relationships and monitor them along the way with their positive desires/intensions) the median cost of divorces range from \$15K-\$20K. This includes attorney fees, court costs, parent education classes, early neutral evaluations and mediation costs. However that doesn't include real estate refinancing costs, record deed and added hourly attorney's fees.

Talk about exhausting and heart breaking. That means on average five to six figures is paid to resolve these conflicts and the legal professionals and clients expend hundreds of hours by solving problems on the physical plane.

But that doesn't begin to touch on the:

VERY HIGH MENTAL EMOTIONAL AND PHYSICAL TAX

A great thing about being able to transcending your legal, financial and relationship challenges a more mental and emotional level is not having to dip into your savings or go into considerable debt. And the shame and guilt is kept to a minimum.

Once you step into this process of clarity, appreciation and concentrated mental and emotional positive focus, *Get Out Of Hot Water Fast* clients begin to witness the **amazing fluidity in which desired, helpful things seem to become naturally available to them including unexpected; helpers, money, opportunities, gifts, toys, raises, more clients, recognition, support, renewed joy and fulfillment and increased synchronicities.**

“We’re about twice as motivated to avoid loss as we are to achieve success and gain, so we have to work much harder to focus on what we want to create, and not get distracted by fear and anxiety.”

–Eban Pagan, Internet Marketing Maven

Unwanted distractions and **headaches seem to go away** once you have a way to consciously **turn yourself into a fast mental and emotional filter**. This mean you can immediately go, **“This is a fit and that’s a time, money and emotionally draining distraction.”**

Can’t you just you hear the, **“THAT WAS EASY”** button. (I got the red one for my husband shortly after Jason started his web design company ImmersionTechnology.com because I wanted to hear him appreciating more.) Imagine having a programmer with a keen awareness of positive mindset and communication.

How costly are mental and emotional distractions? For starters they could easily steal your focus, deactivate sound judgment, deplete resources, offend and misinterpret communication, waste money and set you back on your desired path. At least, I’ve certainly experienced that in my own personal and professional life working with clients in a jam.

How can you turn yourself into a magnetic tuning fork for what you want and get help avoiding these distractions? After all the “crazy makers” around you that are directly or indirectly making your life a crazy mess-they are also hypnotic distractions that deplete your time, health, confidence, resources and money.

Instead of trying to mend the broken pieces, try to fix the people around you,

(which we know doesn't work), **step away from the madness of the crisis or setbacks at hand and do something pleasant and joyful that distracts you and gives you something positive and enjoyable.**

Easier said than done. However the beauty of *Get Out Of Hot Water Fast* is you are more apt to stay out of troubled waters in the future with better tools for more quickly attracting and identifying desirable opportunities. The more you script your success the more often you'll be aware of those mental, emotional and even physical signals that the opportunity, situation, partnership, client, relationship, vendor is or isn't a good fit. So not only the people involved get helped now, but from this point forward so are you, **as long as you follow the step-by-step process.**

While the majority of the world is scrambling to physically make things happen, including fixing legal, financial and relationship problems that have spun out of control, others have succeeded and failed at using; hypnosis, prayer, affirmations, goal setting and meditation to focus their attention on their desires. However an ingredient often missing by the participants of these modalities that needs to be shared if you want to make good use of this training is:

PURE FOCUSED THOUGHT

So, how could pure focused thought move mountains and collapse time like the spiritual gurus preach? There are people touting the power of something called "law of attraction" but I never found anyone or thing that could help me purely focus my thoughts on my desired outcome without getting distracted during meditation. And when I tried "I AM" affirmations that stated qualities of health wealth and happiness it seemed to turn up the volume and trigger my nasty inner critic. You know the voice that is quick to chime in "That's not me yet." "Stop kidding yourself." "You can get by with what you have." "Others are so much worse off." "Who do you think you are teaching this stuff on *Getting Out Of Hot Water Fast*?"... "Just because it worked for your previous clients in the last decade, does not mean you should stake

your reputation on it?" Ungrateful little...! (Can you just see Homer Simpson grabbing his son Bart's throat?) That seems to happen to me when I attempt to sit and meditate and say the traditional "I AM" affirmations. But, that's just me.

CRITERIA

I wanted a way to bypass the Inner Critic and be able to test-drive this ideal best-case scenario that my clients and I were after with our relationships, careers, families and finances before investing any more precious time, money or energy. And I wanted a specific measurable system that could track the success of the desire or specific, measurable results we intended.

My background as massage therapist and student of acupressure/Oriental Medical Theory starting while I was officially still in high school but had finished my senior courses the first semester. OMT gave me the perspective to observe the body and notice how thoughts and emotions created and released pain stored in the body.

(When people called me intuitive, I often smiled remembering what my IT husband Jason said, "I'm not so much intuitive as I am good at noticing patterns." *(It's just like a computer engineer to say that. I know he's good at both and a good listener.)*

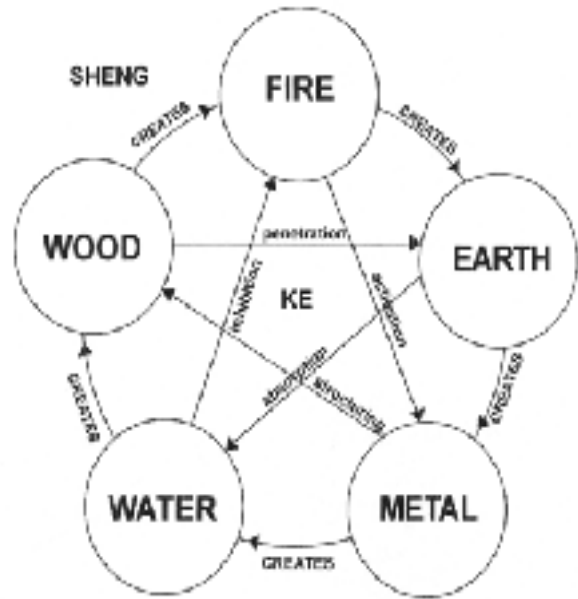
Well, I was certainly noticing pattern in the way people moved, talked, smelled, (yes, it's an oriental medicine five element thing). People would come in for a massage and feel great after 60 or 90 minutes and then come back a week or a month later with the same aches and pains and complaints.

I began to listen to their stories and pay attention to patterns in their voice, posture, pace and movement that hindered or liberated the flow of their energy.

Here are some Oriental Medical patterns that indicate energetic strengths and weaknesses in the body, often detected before visible western medical conditions.

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Now I suggest you don't go up to your uncle Pete and strike up a conversation that he has excessive wood because he is often angry, complains about his liver from years of drinking and he smells a bit rancid. ;-)



Law of Five Elements: Sheng (creative) cycle and Ke (controlling) cycle

ELEMENT	WOOD	FIRE	EARTH	METAL	WATER
Season	spring	summer	harvest	autumn	winter
Direction	east	south	center	west	north
Taste	sour	bitter	sweet	spicy	salty
Senses	sight	taste	touch	smell	hearing
Yin Organ	liver	heart	spleen	lung	kidney
Yang Organ	gallbladder	small intestine	stomach	large intestine	bladder
Strong Emotion	anger	hate	worry	grief	fear
Balanced Emotion	forgiveness	love	compassion	joy	courage
Human Sound	shout	laughter	singing	weeping	groaning
Smell	rancid	burning	fragrant	fleshy	rotten
Climate	wind	heat	dampness	dryness	cold
Fluid	tears	perspiration	saliva	mucus	urine
Window	eyes	tongue	mouth	nose	ears
Color	green	red	yellow	white	blue/black

You might be wondering what nudged me into **combining my love for story telling, theater and the healing arts**. My initial process back in 1997 in my early 20's evolved from an exercise I learned at a community theater class Mom and I took near her home in Sarasota Florida called "Walk About" perhaps referencing the aborigines in Australia. This final drama exercise of the evening that the audience/participants witnessed was astounding.

CREATING FINANCIAL, LEGAL AND RELATIONSHIP MIRACLES

First the female teacher/director had a seasoned male actor walk in a wide circle on stage. Then she told him how she wanted him shift his posture so that he took on qualities that were different from his own. The director would say, "Walk with a limp." "Drag your leg." "Slow down your pace." After a minute or so, "Ok, good, carry a bloody knife in your hand."

After the actor got comfortable in his new body he stood front and center and the audience members took turns row by row asking him "Yes" or "No" questions asking what ever came to our minds: "Are you a professional?" "Do you take pride in your work?" "Do you have a dog?" "Are you a hunter?" "Do you have a secret?" Then after the audience question period was over the actor resumed his tailored walk on the stage. On a subconscious level the actor during his "walk about" had already absorbed and integrated these physical, mental and emotional qualities of his new character and stage presence.

Then the director told the actor to stop walking and come "front" and "center" again and share his story. What happened was nothing short of spell binding. I sat there thinking he must have taken months to create, develop and rehearse the subtle nuances of his spellbinding monologue. In fact, his new posture and identity had been created on the spot. Our questions and director's guidance created his subconscious focus, which spontaneously spilled out of his lips.

Mom and I tried the same exercise over sushi that night taking turns as the "director" and "subject" asking "Yes" or "No" questions. Right before my very eyes I witnessed my unrehearsed mother emerge as a convincing world renowned French director without any pause or break in her monologue."

When I returned home to Philadelphia, PA after visiting Mom, I eagerly began to share this theater exercise like a fun parlor trick at parties. Shy and unsuspecting participants suddenly took on these new personas, maybe with a little less gravitas as the seasoned actor in Florida. Yet they still spoke convincingly of their new

identity without any prompting during their monologue game that was thrust upon them by this budding “Walk About” enthusiast.

Sometime early in this fun process when given the opportunity to teach a continuing education workshop at “A Day For All Women” at the local college it hit me, “If participants could channel a made up character, what would happen if they were directed to generate a deeper part of themselves or dream come true persona. Could this be achieved just by shifting the way they moved, thought and felt?” Now this was exciting! (And this was a decade before I ever took training to be a coach) And that’s when the process became “Walk About For The Soul”. Then I had thirty women in my networking group pay me for a half hour acupuncture shiatsu massage that included a half hour “Walk About For The Soul” session.

First I asked my subject, “What area of your life would you like to experience more love, health, abundance, joy, success, intimacy, support...?” The subjects usually told me about their challenges and I guided them back to the initial question. Then I directed them in a new body posture (which I was intimate with after their fully clothed acupuncture treatment), and walk that brought to life their desired experience. The “Yes” or “No” question helped them make intuitive choices from their new physical perspective and they couldn’t waiver on a “Maybe”. In this new mental, emotional and physical state they had the opportunity to step out of their limited perspective and test drive their newly clarified ideal experience, and role play themselves in that happy, resolved relationship, having a booming remodeling business and 28 other new “happily ever-after” stories.

A month later I casually checked back with my test subjects at the networking meeting and the complaints and dissatisfaction that were so present at the beginning of our “Walk About For The Soul” session were untraceable in their present conversation.

I made a big mistake during these first free sessions.

Even though their updates were filled with market improvements that matched the new stories we created during our time together: The financial, career and relationship issues that we addressed in their thirty-minute sessions had become non-issues. The only problem was these subjects vaguely remembered our session and didn't remember sharing their painful before story. In fact they didn't recognize the shift or credit our time together with their new thriving, positive outlook. **Does a change occur in a client if they don't remember the change agent or that the pain was so central in their lives?**

That's when I added the writing or scripting element to the experience that marked the moment when they got clarity on how their ideal relationship, home, career, family dynamics, finances, upcoming adventure looked, sounded, smelled, tasted and felt. (You remember the five element chart that integrates the mind, body and emotions.) The "script for success" used the power of story to anchor desired intentions into their subconscious. In essence I had helped them become the actor, playwright and director of their new paths through life. (And when I wasn't there to be the director/mentor to help them get into that new character or higher self in between sessions or after our work ended they could still read their success script out loud to immediately shift their mental and emotional state.) That was one of the biggest things I saw missing from people meeting the spiritual gurus or attending powerful workshops and then not able to generate that transformational state in a couple minutes once they returned home.

I loved helping clients compose their ideal success story, that snap shot or 3D Hollodeck, a holographic environment simulator, (for you Star Trek fans) at the end of their victorious journey. Over the last 17 years the process for helping clients step into a new reality has been gradually less physical and more mentally and emotionally focused during private or group calls and live groups. (Except when

Scripting for Success participants get really stuck and then I have them walk around to more fully get into that new desired space to test-drive their new reality.) Usually we can achieve the same results crafting their success script. My first business mentor was the one who acknowledged that I helped people by “Scripting For Success” which has become my company name and process. Thanks Beth Meininger!

That leads me to the key element of this whole “scripting” system, that helps the subconscious focus on what already feels good and allows for more expansion or attraction of that desired experience and feeling. The more we use all of our senses to focus the conscious and subconscious the more experience our desires.

According to Wikipedia, **“The law of attraction is the name given to the belief that “like attracts like” and that by focusing on positive or negative thoughts, one can bring about positive or negative results. This belief is based upon the idea that people and their thoughts are both made from “pure energy,” and the belief that like energy attracts like energy.”** According to pioneers of the law of attraction training it takes **“68 seconds** of pure-belief to equal to 2 million man-action hours”-Abraham-Hicks” **SAY WHAT?**

The power of the Success Script:

So, how do you control your focus to last 68 seconds of pure concentrated thought? “SQUIRREL!” to quote the talking dog in Pixar’s movie “UP”. That’s one or two commercials. One way is through this powerful...

Gift #1 - Focusing Tool:

Success Headlines have become the way to direct universal energy, and meditative statements that summon that universal power greater than one’s self to feel more love, joy, peace, acceptance, appreciation, trust, clarity and connection with the divine.

Gift #2 - Generating Focused Power:

The statement and story or “Success Headline” and “Success Script” as it’s affectionately called, draws the energy from around you and quickly allows you to focus the same energy on anything you want or wish in your own life that is causing mentally and emotionally distressing experiences. And the more you read this script the more powerful of a filter for distractions and magnet for desirable opportunities you become. I’m going to show you how to write this script (to feel good), thus syncing your inner and outer worlds.

Gift #3 - Mental And Emotional Focusing Tool

Often missed in prayer, meditation, affirmations and goal setting, the “Success Headline” and “Success Script” helps to generate the necessary Mental and Emotional focus to acknowledge one’s connection to “higher power” or the “present moment”. Or another way to put it is: the more you engage your senses, imagination and mental and emotional experience the more this vehicle for the intelligent force that guides our life matches our outside Hollodeck with our inner one. And the quickest way to measure when our inner and outer worlds are in sync is through the “scripting process” which also brings the brain and the body together, to help people release their emotional and mental concerns.

With the help of this mental and emotionally focused “success script” the mind and body are synchronized, achieving harmony and peace from the inside. In the mist of the raging storm such focus has been used to assist in the transformation of such disorders: depression, fear, panic, sadness, anger, and nervousness. It can also be used for cleansing the mind and spirit, and has been very effective for eliminating bad habits or addictions.

Gift #4 - Transcending Time And Space

This “scripting process” focuses on what feels good and is already running well in the subject’s life regardless of proposed past, present, and future obstacles. The mental and emotional focus that is achieved with this focusing tool helps to

transcend time and distance (that gave the illusion of pending doom and problems). This personally engineered “success script” is used for healing traumas brought about by events in the past without the burden of extensive psychiatric or medical treatment.

Gift #5 - Restoring Balance

The “success script” and “success headline” helps to unblock energy and balance it so it can easily flow through a person.

Gift #5 - Claiming Master Of Your Reality

While challenging things do happen to well-intended people, this ongoing scripting process helps to unblock energy and balances and redirect the energy to flow more easily through a person. This tool to focus mental and emotional intensions has the ability to reduce the intensity of the pain, and when applied sufficiently has caused the pain to disperse completely.

How Long Does This Transformation Take?

SPOON BOY: Do not try and bend the spoon. That's impossible. Instead... only try to realize the truth.

NEO: What truth?

SPOON BOY: There is no spoon.

NEO: There is no spoon?

SPOON BOY: Then you'll see, that it is not the spoon that bends, it is only yourself.

-“THE MATRIX”

How many hours are needed to create significant results?

“Researchers have settled on what they believe is the magic number for true expertise: ten thousand hours.” – Malcolm Gladwell, best-selling author of *Blink, The Tipping Point, and The Outliers*

Before we get into the proper mechanics of creating such a statement, one of my most frequently asked questions is, “How often do you read the script?” Let me answer that by sharing the power of pure concentrated thought and let you decide.

17	seconds of pure belief				=	2,000	man-action hours
34	seconds of pure belief	2,000	X	10	=	20,000	man-action hours
51	seconds of pure belief	20,000	X	10	=	200,000	man-action hours
68	seconds of pure belief	200,000	X	10	=	2,000,000	man-action hours

That would explain why my clients and workshop audience get such fast results transcending their financial, legal and relationship challenges when they finally suspend disbelief and just focus on the success script that makes them feel good when they read it out loud.

It’s one thing to read the concepts in *Get Out Of Hot Water Fast* and quite another to, uncover the blocks that prevent you from quickly stepping into your “happily ever-after,” “best case scenario” stories. (That’s why group support and private mentoring has been so powerful for my miracle makers in getting out of hot water in 30 days or less.) Continue to read my tricks of the trade married from my unique perspective.

Again, I ask you, how many hours are needed to create significant results?

“Love conquers all”

I can only tell you the steps and give you an overview of the training that helps people who want to: save years of therapy and turn around the conversations in their chattering minds, focus intensions on what they truly desire and help people be in a state of pure positive thought long enough to shift from fear to love. **So the miracle is measured from the time you are in a place of fear to a place of love.**

One of the most powerful exercises I have my clients do is read these stories out loud. Similar to a trained musician that can hear discord in the played notes, the same rings true in my ears when the reader of their story doesn't fully believe parts of their story or success script. That's when we go back and change the words that accelerate the feeling of test-driving the experience of fully embracing what they truly desire and love.

Once I convince clients/my audience to suspend doubt and belief for a few minutes and that in this story the past and future doesn't exist, I help them find something that they can love and appreciate immediately.

This is no small feat when anxiety, fear, anger, resentment and stress grips tight on their mental and emotional focus with looming legal, relationship and financial problems.

The reason that it takes my clients, audience and workshop participants a good part of 90 minutes to make financial, legal and shifts is the first few minutes they spin their wheels describing and emotionally validating and defending the all consuming drama they feel powerless to change.

5 Reasons Why You Ought To Create A New Success Story/Script

Reason #1: YOU CALL THE SHOTS

You are only limited by your imagination of your ideal experience.

Reason #2: YOU FOCUS ON THE BEST PARTS OF YOUR LIFE

When you read the happily ever-after story that contains all your positive qualities and none of your fears, past mistakes or limiting beliefs it focuses the emotions and mind on what you can do well and what feels good. (Remember brushing your teeth? There are trillions of scenarios. **Focus on your best scenario.**)

Reason #3: YOU USE THE STORY PURELY TO SHIFT TO POSITIVE FEELINGS

You don't write or read the success story to fix your life or the people and situations in it. (We're talking purely quantum physics here. The observer affects the outcome.) We're "fixing" our mental and emotional focus on to what we intend to be, do, have.

Reason #4: YOU TAKE A MENTAL AND EMOTIONAL TEST DRIVE

You create and read your script to quickly step into the mental and emotional state and discover if this story, outcome or result feel good to you or it needs tweaking.

Reason #5: YOU HAVE A PORTABLE TOOL TO MEASURE YOUR REALITY

Your script is an excellent way to create new and reinforce old boundaries and standards of how you want to be treated, what kind of relationships you want, how you want to communicate with others, how you want to use your time, how you want to feel in given situations and what experiences and stuff you want to enjoy. My clients carry their story or one sentence success headline in their purse or wallet and read it when they need a pick-me-up or want to prepare for a conversation or meeting.

For many years I beat myself up for manifesting what I wanted

While many of my friends were working long hours in their jobs with cool sounding titles like assistant, director and manager, I found out early on I was an inventor, visionary and entrepreneur, and working for someone else at a desk with a set schedule day in and day out was not for me. (Heck, they held me back in second grade for daydreaming, writing short stories and not getting my busy work, fill in the blanks, SRA work sheets done.) [Shutter]

I found it much easier to drift off in imagination land and continue living vicariously through my short stories and in high school screenplay characters. The funny thing is they were eager to live through me. I soon found myself living these very specific adventures that would have taken months to plan and years to save if I had done the “1. Do 2. Have 3. Be” model status quo was trying to get us to follow.

When I was twenty-two I picked up a copy of *Think And Grow Rich* by Napoleon Hill, which by the way was a sales letter for his book, *Laws of Success*. (Pretty helpful marketing copy, huh?)

In Napoleon’s book, he discusses the importance of controlling your own thoughts in order to achieve success, as well as the energy that thoughts have and their ability to attract other thoughts, a.k.a. emotions.

I did two exercises which by the way was the week I was visiting my mother in Sarasota Florida in 1997 and attended the theater class, thus planting the seeds for *Scripting For Success/Get Out Of Hot Water Fast*.

Here Are The Two Exercises:

Exercise 1: State your life’s vocation.

I wrote it on the back of a napkin that my mom snatched from the server and later mailed me my rewritten words on butterfly note paper and placed in a gold frame:

My vocation in life is to: Share my healing vision of love and beauty through powerful

art, writing, teaching and healing touch.-Ruth Anne Dilley, February 1997

Exercise 2: Write the amount of money you intend to have, the date you intend to receive it and what you intend to do to receive it.

I intend to receive \$20,000 by birthday March 24th 1997 through my writing.

Little did I know that was the only traceable writing I did before receiving an unexpected inheritance check my from my late paternal grandfather's estate. Needless to say this energy concentrated week of visiting my mother in Sarasota Florida shaped my path for years to come.

But here's the rub,

The problem was when I went to those countless networking and marketing events it took me a while to explain everything I did. I was somewhat jealous of my husband who had a five-second intro, "Hi, I'm Jason Wood and I'm a website designer with my own company Immersion Technology."

"Oh really, I just started a business and could use one of those." Along comes...

"I want to work with someone who can quickly help me focus on what's going well in my life and have fun helping me transcend my legal, financial and relationship challenges really fast. Ruth, do you know anyone who can help me?"

As a matter of fact I know just the gal! ;-)

For one prospect, I would tell them I was a "massage therapist". The next "I

helped people write, publish and market books," another I told them "I helped people solve relationship challenges..." ALL TRUE WITH SATISFYING, AGREED UPON RESULTS. My supportive husband's loving eyes get wider across the room as he watched me connect in different ways depending on the prospect's problem.

And the real kicker was I had everything I wanted yet I felt guilty that I hadn't worked hard trading hours for dollars to earn what I had jotted down in my journals. It wasn't until years later when I heard something to the effect:

"Charge the most for what comes to you the easiest"
- Suzanne Evans

For me it was helping people focus on what felt good in their lives and get them to a place to transcend seemingly insurmountable mental, emotional and physical legal, financial and relationship challenges.

Then again, I've easily given away hundreds of *Get Out Of Hot Water Sessions* mixed in with my casual conversations not realizing I would help so many people save so much precious time, money and energy. I admit I had to learn to balance the bohemian, artist, healer part of me (that survived a year out of a back pack, watched my mom all the time doing major financial and career enhancing favors for people for her friends for free. So I tended to under value my offerings because they were fast, easy and long lasting.) *I believe that's step two in "Transform Debt Into Abundance".*

The amazing part was when I started to see all the stuff I was under valuing this gave me tremendous insight to help my baby boomer clients ages 51+ who too on average had been giving away somewhere between \$200,000-\$500,000 of goods, services, free expertise, labor, free places to live, unpaid over time, unreimbursed care for ailing loved one, working for the family business, giving away valuable

services to business partners and prospects...

The cool part was when my clients started to tally all the unpaid value they had given the world we had suddenly unleashed a gold mine of untapped abundance that we could use to open the flood gates of more opportunities, unexpected financial gifts, significant savings, increased perceived value. Soon I was helping professionals making \$100/hours attract clients that paid \$8,000 and \$30,000. 30 days earlier these people had debt that were in the 4-5 digits. Clients paying me 10% of their desired income and legal fee savings celebrated their new awareness of how fear, resentment, anger, frustration, unworthiness, guilt, shame had previously blocked them from creating record profits and now helped them more easily attract the people, places and things that matched their happily ever-after success scripts.

Anyway,

How far did this Scripting passion of mine go?

I would write award-winning stories about things I thought were cool and began to notice fiction merge with reality. My hang-gliding heroine August created video glasses for a science fair in a short story I wrote in 5th grade. Thanks Google Glass and Japanese Inventors who finally created their version of my "Colored Glasses" which I wrote about in 5th and then a 9th grade screenplay.

I wanted a tele-communications system to chat with family and friends which I wrote about in the story that featured two female cousins; one living in a space station and the other on Earth. Thanks Skype and Google Hangout.

I got to experience hang gliding three times and had that déjà vu feeling as I recalled my female protagonist August hang gliding in Colored Glasses. In the story I wrote August's high school friend Julie won a marine biology scholarship to exotic lands her senior year. Thanks high school Environmental club who unexpectedly chose me to represent the school in an all expense paid scholarship to study

Conservation Leadership at Penn State between my junior and senior year.

Then Tutu (Hawaiian for grandmother), that traveled to over fifty countries before 85 gifted me an unexpected cruise of a lifetime to Indonesia for 20 days including the lands of the Komodo Dragons and Bali. This was a few years after I wrote about Julie in the short story Colored Glasses winning a “special expedition”. The tour company incidentally was called: you guessed it, “Special Expeditions”.

In 9th grade my very encouraging English/Science teacher dubbed me “The Writer Of Our Lives” (which by the way is one of my more cherished accolades), when what I wrote about in English class occurred in science lab days later when:

Everyone was struggling to figure out how to inflate a balloon in a glass flask with a straw the previous class, the next day everyone woke up like in my story with an epiphany light years of understanding ahead of yesterday and figured it out within five minutes of each other, like monkey ninety-nine (where the monkeys on other islands just started washing the potatoes the scientists dropped off without communication from the first island who took time to learn that sand free potatoes tasted better.)

Mr. Lamm caught himself relating to the teacher in my story and echoing the words of praise of the teacher in journal entry, “And now for something completely different,” (which I later discovered two decades later that I must have stolen this line from Monty Python’s “The Meaning Of Life”, only in a private school would you get to watch such education in a French teacher’s on campus living room, but I digress.)

Mr. Lamm reported my scripting abilities to the class when he shared his journal entry a day later how what I wrote in English came true in Science class. Upon hearing this, a classmate asked me to write him a story about him winning the lottery and I told Ryan it didn’t work that way. I was yet to discover the science behind how to manifest through my intentional, mental and emotionally focused

writing.

In high school I was offered a teen column in a holistic Lifestyle magazine called Visions and turned it down using the excuse that I didn't feel I had enough life-experience even after living away from home 8th and 9th grade. A deficit in life experience was about to change.

I wrote three college applications for studies in the arts, writing and humanities but never mailed them. I didn't want to be like my mom who graduated an English major from Texas U and Dad with an Engineering degree from MIT who ended up getting a divorce and not living happily ever-after (despite doing "the right things"). Side note, they seem happy now.

I also didn't want to be stuck working in the same field all my life for someone else and figured if I was meant to be a transformational, sci-fi adventure writer, inventor, "Writer of Our Lives" for Global Think Tanks and Leading Innovators I would find my way. Shortly after I returned in tenth grade public school when the Connecticut boarding school closed for lack of funding my parents split up. I moved out of my childhood home a mile away to my mom's rented rancher closer to the center of town. That's when I met my high school sweet heart "Tex" with a cowboy hat, mustache, motorcycle and a GED.

My senior year instead of going directly to college, five days after I returned from a twenty-day once of a life time luxury Indonesia trip that my grand mother had gifted me, I worked at a holistic summer camp called Omega Institute for adults that featured some of the best selling authors and luminaries I would later interview fifteen years later in my LiveYourPeace.com podcasts.

It was while doing house keeping at Omega and living in a tent I came up with curriculum for my ten week creativity workshop called, "Jammin' With Your Inner Elves" following Vicky Noble's Mother Peace tarot archetypes. This is the basis of some of the creative activities I have my clients use to *Get Out Of Hot Water Fast*.

Then I found myself taking a month long road trip to Boise Idaho with a girl friend who had just returned from a native American rally with two years of college under her belt. Our trip together turned into a ten-month odyssey living out of a backpack and relying on the kindness of strangers. After I finally settled down in a nice rental with a mom, dad and teenager to be “safer than ocean front property, living in a tent over looking the North Shore in Oahu, the mom chased me around with a kitchen knife and stole my lap top for crystal meth. (I eventually got it back.)

It was around this time my parents sent me a ticket back to the suburbs of Philadelphia. I begrudgingly got back together with my high school sweet heart after he returned from Fort Sill basic training in Alabama training to be a missile repair engineer. During a majority of this relationship we were using my college money to fix up a HUD repo that previous owners had raised cats dogs and chickens. While I loved “Tex’s” since of adventure, strength and great story telling we were lacking in the spiritual compatibility department a part of me that could easily access miracles and had gone dormant for years.

Then when I was 27 I was given a copy of “The Four Agreements” by Don Miguel Ruiz and the first agreement “Be impeccable with your word,” hit home. I realized the part of myself I cherished the most was being stuffed in a spiritual closet. With in a month I ended the relationship with the high school sweetheart. This turned out to be the best, closest time I had with Tex as I made a commitment to always be impeccable with my word even if I was afraid of my loved one’s reaction/judgment. Many miracles came pouring out of me as I did my best to share insights, premonitions of the man who had been my world, high school sweetheart and best friend for a decade.

In my new single life at 27 I had been doing senior home-care for five years and was trying to get my shiatsu massage practice off the ground. One day a friend sent an email announcing Marianne Williamson’s latest book, *Every Day Grace*.

That week I complained to my mom who had since moved further away to her childhood range in Austin Texas, that this best selling author had written the book I wanted to write about magic and synchronicities and that Harry Potter wasn't the only one with magical powers. Being the ever-supportive mom and English major she suggested I write my own book.

I reminded her I had just moved out on my own, resigned from my senior home-care job just before my ailing client in her 80's had croaked, with a month expenses in my checking account. Plus I was an Aries with a new idea for a book, project or invention every couple of days, (this was before they labeled people attracted to bright shiny objects so liberally... SQUIRREL)!

How was I possibly going to stay focused on writing a book while looking for a job or getting my intended career as a massage therapist off the ground? Mom reminded me I could get others to help me. That was in February and by May 9, 2003, I was standing next to Marianne Williamson at my interfaith church fundraiser that hired Marianne to speak for \$10,000 and thanking her for inspiring my first compilation book with 25 co-authors who paid me to edit and publish their essays in an ebook called, *Abundant Magical Lives; Insight For Passionate People*. Marianne laughed when she read my friend Richard McLaughlin's essay on teaching troubled youth called "Chicken Shit For The Soul". You use the chicken shit in your life as fertilizer that grows a bountiful harvest, feeds the chickens and eventually become your salad à la chicken.

That was my first taste of helping people write and publish books and I rather liked it, (says the founder of JVattracton.com a free networking community for authors and coaches to cross promote and ask for help with product launches).

Less than two years later after I wrote my script, I met my husband Jason who was a 29/30 match on my "Meet My Life Partner" wish list, (the one I wrote in therapy before ending the high school relationship and discovering I only had a third

of what I wanted). Jason got upgraded to my 30/30 man after we started his company Immersion Technology.

Jason and I met at a bar on the exact date I had written in my guest book: April 2004, less than two months earlier. What inspired the journal entry? The excitement of going to house sit a mansion owned by the current president of a well know soft drink company with four other single gals inspired a quick drawing which included:

“The faintest writing is stronger than the strongest memory”-Chinese Proverb



Our four names with male ♂ and female ♀ symbols next to them and quick

sketches of couples kissing on the beach and giving each other massages.)

The trip got postponed till September of that year but the energy of a relationship was certainly there for me. The day I met Jason, April 1st, I had made the conscious decision I was going to move on after two years since I broke up with the eight-year relationship. (I had casually dated but knew I hadn't found the one.) After my shift doing massage at the chiropractors, I went to the mall and returned the ex's Christmas present, PJ bottoms that could fit three of me. They lay in the corner of my closet with its sales tags still on it for over three months. I traded those unflattering pajama pants in for some sexy Victoria Secret underwear. Then I trimmed up my pixie hair cut at the salon, (I had chopped off my long hair just before leaving the high school sweetheart two years earlier as a going into battle, doing something that scared me, act of courage.) I bought myself a heart necklace encircled with diamonds, all as a demonstration to the universe of how I wanted to be treated.

My roommate Janelle dragged me out on a Thursday night for Karaoke at Finney's Bar. I ended having the best single date ever, watching Adam Sandler's "Happy Gilmore" and eating dinner at the bar. My roommate was off socializing and attempting to fulfill her plan to meet every eligible bachelor and settle down in two years. My plan was to turn down every attempt she had to fix me up with one of her "sloppy seconds" and bump into the right guy. Plus I was finally getting to know and love my new life and myself (I could look in the mirror and say sweet loving things out loud to myself without bawling), with my first co-authored book on the market, *Abundant Magical Lives; Insights For Passionate People* and my new Scripting For Success business my romantic invisibility soul mate spell had disappeared.

I even joked that I hadn't gotten an April Fool's joke all day. But that was to come. My husband and I like to joke that we meet around 11:11pm Karaoke night. I had just played my best game of pool ever, sinking three of pool balls in the pockets after a month of practicing what I had learned from watching Cruise and Newman in

“The Color Of Money”.

I saw two well dressed gentlemen sitting at the bar stool and brimming with confidence after the pool game I went over and started talking to this one guy David who had recognized me from seven years earlier as “Miss Ruth” when I worked at a pre-school. I hadn’t remembered David but surely knew his charismatic Tony Robins like cousin who visited once a week to teach the excited pre-schoolers gymnastics. Wow what a memory.

Then David introduced me to his neighbor Jason who happened to be drinking a Blue Moon on an actual blue moon. My girl friend who dragged me out to Finney’s bar that night and I enjoyed talking to these guys so much till 2pm we invited them back to our apartment after the bar closed for Red Baron pizza. Did I mention Janelle and I lived on Wood Street and Jason Wood lived in an apartment three minute walk from mine in the alley that walked past the very same row of Victorian houses I said I wanted to live near when I decided to move back to my home town eight months earlier? In my “Meet My Life Partner” wish list I wrote. “He loves to cook!” *I should have written he loves to cleanup. ;-)*

“We are mentally, emotionally, physically, spiritually and economically compatible.” I wanted a partner who loved adventure, spirituality, people and travel and had a clean-shaven face and wonderful speaking voice. Speaking of travel since our honeymoon in Italy, July 2005 we’ve travel to England, Wales, Ireland, Canada, Portugal, Spain, France and Mexico and hosted and stayed with over 40 people around the world through CouchSurfing.org.

In one of my success scripts I wrote a mock event bio with a line up of ideal marketing gurus I intended to speak on the same stage. I placed my picture and talk title, bio and description among theirs on my computer. Within a year I was giggling as I found myself the last person to come back from lunch setting on panel during a business “hot seat” make over session right next to one of those six “gurus” I had in

my mega super cool mock dream team speaking event.

So NOT having the 9-5 J.O.B. and dropping out of community college my third semester hasn't stopped me from manifesting what I want, in fact I'm only restricted by my negative emotions and limited imagination.

That's why I'm such an evangelist for people quickly focusing on what they want, NOT what they think is possible. And being spoiled in the massage industry where people feel transformed in 90 minutes or less I wanted those same quick results in my Scripting For Success, Get Out Of Hot Water Fast sessions.

That's why I'm such an evangelist for people quickly getting results.

Oh and as you can probably guess I'm very visual, kinesthetic and empathetic. I don't like to see or feel people's pain so I wanted something my clients could benefit from right away and apply to all areas of their lives during and in between sessions.

Here's a big one: I wanted thrive as I help people save tons of time, money and energy. That's not something I learned in my one weekend of marketing training as a Licensed Massage Therapist. That came later after tens of thousands of dollars in marketing, publishing, coaching training.

When people started crying unexpectedly on the massage table I seriously wanted to shut them up and have them feel good as quickly as possible so we could get on with them enjoying the massage. *A bit self-serving I know.* Hey, I'm not big on conflict or talk therapy. So I created a process that once you understand the steps and trust the mental, emotional and physical science it works like a charm.

"In string theory, all particles are vibrations on a tiny rubber band; physics is the harmonies on the string; chemistry is the melodies we play on vibrating strings; the universe is a symphony of strings, and the 'Mind of God' is cosmic music resonating in 11 dimensional hyperspace."-String field theory co-founder Michio Kaku

What Is The Scripting Process?

Step 1

I ask my clients where they want **more positive qualities and experiences** in their life such as more joy, fulfillment, peace, confidence, health, security, adventure, passion, abundance, recognition, commitment, happiness...

Step 2

Our conversation about more positive experiences they desire is **often interrupted by painful; financial, legal or relationship problem** they have. It's my job to get a brief overview, reading on the client's focus without getting bogged down by their dramatic sob story, and move as quick as possible to Step 3.

Step 3

Our conversation helps them transcend the problem like an alien spaceship air lifting them and their vehicle over a traffic jam. (I was going to use

helicopter in this scenario but realized it wouldn't adequately convey the supernatural quality of this momentous occasion.) Think about, "If the past or the current circumstances were not issues what outcome would you want?" I usually have to repeat the question a couple times because they are still in defense reactive mode of trying to fix the problem using the same mindset that got them in the jam in the first place. Make Einstein proud and use a different way of thinking than what created the problem.

(I distinctly remember this dumbfounded reaction when a dear friend and client called me late into the evening and told me her business was unexpectedly being audited the next morning. She was frantically organizing legal documents and tax statements. We spent the majority of our time using our imagination considering the best-case scenarios to this tax nightmare. After letting her go on about the shock of the incident, it was my job to help her shift her emotions and story from a place of anger and fear to love, playfulness and gratitude.)

In fact many new "Hot Water" clients haven't considered what their life would be like if this entire time, money and energy sucking challenge disappeared. *The wall they were leaning on or "spoon" they were holding suddenly disappeared.* While I am a business strategist who can walk them through the marketing, income generating steps, program creation steps, I find this a tedious, most often wasted task of trying to come up with action steps to "fix" the problem. We need to wait until we get them out of mental and emotional hot water. We can do all the strategic planning in the business, financial growth phase, not in the emergency, "I sense no way out" phase.

Step 4

Around this time we take inventory of A.) What is working in their life right now, B.) Some victories they've had in the past on any topic, and/or C.) If they can't think of any victories or things going well, then we turn to role models in the media, books, movies and borrow their personality and mental and emotional strengths.

(Remember the actor in the Walk About shifting his persona and story?) We start to create a statement that reflects the best possible outcome for the situation. We don't need to know the steps, we just need to know that it feels right. Then we create a statement that might be read in the newspaper after my client's victory.

*The next day the frantic business owner told me that during their morning's meeting the tax auditor discovered he had made an accounting error and deeply apologized. I was relieved for the dear friend and that my *Get Out Of Hot Water Fast* success ratings remained in high standings. ;-)*

Step 5

Now let's discuss how you know your success script is an energetic match to the results you desire. The best way I can describe this testing step, to know if your success headline is an energetic match to your desired outcome is the following: **When you read the headline or your story out loud** to yourself, or to a friend or mentor, **you get this tingly feeling all over your body as if you were actually reading that dream come true headline about yourself in the news.** (Of course there is a way to craft this statement that is more powerful than affirmations and prayer in outwitting that conscious and subconscious inner critic, and I promised some guidelines to help you achieve this.)

Scripting For Success Guidelines

"Get Out Of Hot Water Fast" Tools!

(This is just some of the powerful resources)

1. **MAGIC QUESTION:** Ask yourself "What is the ultimate outcome for [this project, investment, relationship, etc.] assuming that all of the money,

resources, and relationships you require ALREADY EXIST?

2.Circle Map: Before you create a one-sentence success headline or success story, organize your thoughts and emotions in a Circle Map. (My clients love how they can put exactly what they want inside the circle and just like Google Alert that sends an email of matching keywords on blog and news posts) when opportunities come along and they do not match what's inside the circle they previously created they can tune into the keywords/emotions and experience they jotted and know quickly if it's a match to what they wanted or to tune into something better.

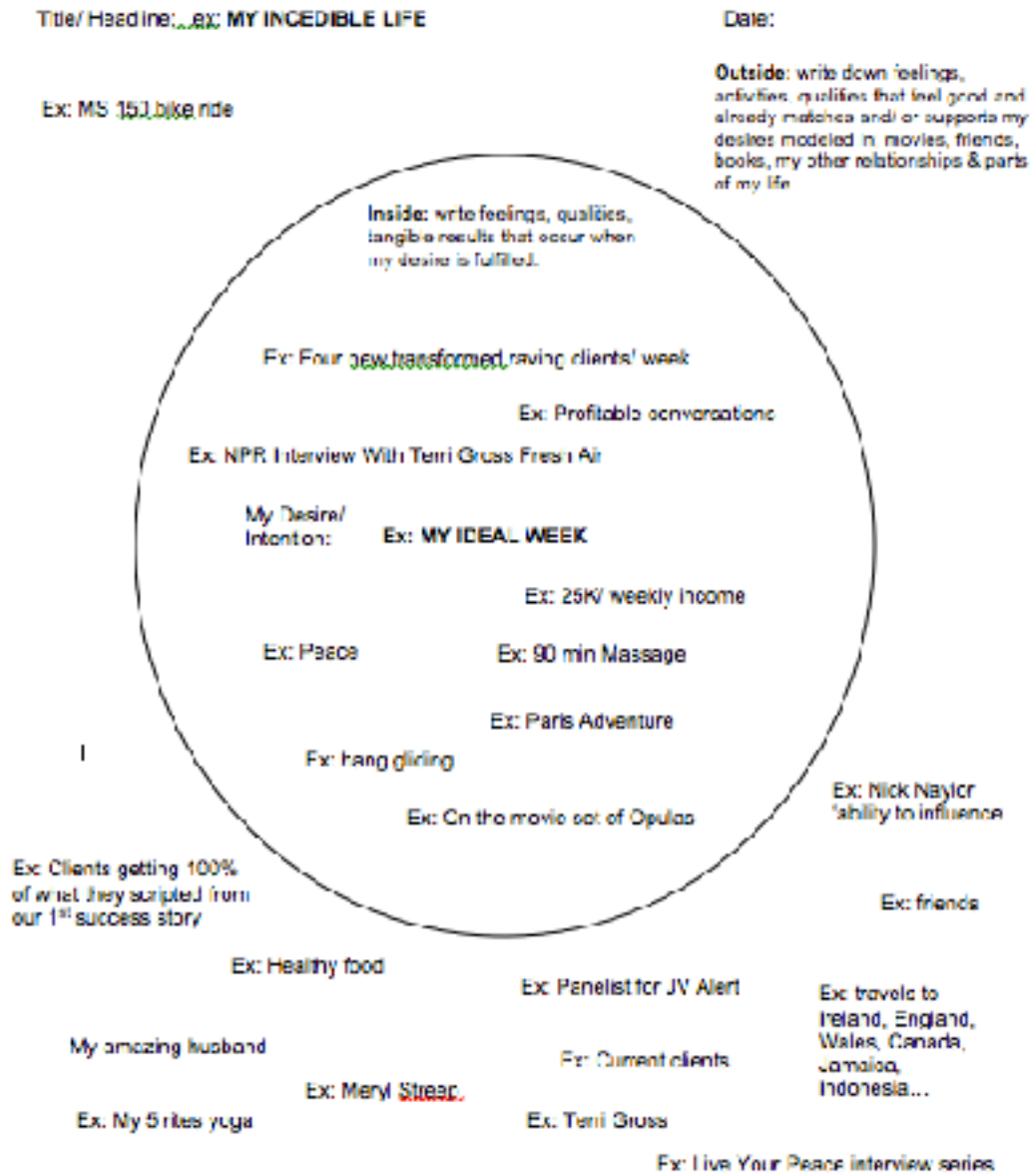
-Draw a circle so there is plenty of room on the inside and outside to write words. (See next image.)

-Choose any topic to design your intension/circle map and give it a title. Ex: My Best Day Ever, My Ideal Romantic Relationship, My Career, My Thanksgiving Family Dinner, My Call With Investors (Be careful with this one because you want to state the end result and not any obstacles that get in the way of what you intend to have. It's best to focus on what you want down to the shape and color and the way you feel rather than the perceived cost.)- Write all the feelings, descriptive words, experiences, specific results you decided for that topic. Involve as many senses as possible (taste, touch, smell, sound, sight, feelings)

-On the inside of the circle include powerful words that access your highest intension such as easy, quick, miraculous, profitable, magical, honest, feels good, synchronicity, blessing, awe inspiring, uplifting, healing, ease, joy, love

-On the outside of the circle write all the words that support the inside or are already working or feeling good in your life. Es: Family, current job, yoga, walks around the neighborhood, weekends with the kids, names of your best friends.

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What if you don't have anything or enough supporting your dreams/ desires to put on the outside of the circle?

This is where you jot down names of inspirational people real or fiction who inspire you and have elements of what your heart desires. It could be a character in your favorite book, movie or TV show or a famous role model or

it could be aspects of your friends and co-workers you admire. Put those inspiring names down that give you a role model of what you want. When you read them out loud feel those desired qualities wash over you in waves of love, peace, joy and admiration.

-Be sure to date this.

People report they notice new opportunities that match what they wrote shortly after doing this exercise.

Disclaimer: With any of these scripting exercises pay attention to the desirable experiences that match your circle map or story or success headline. Don't get attached to the person or place that seems to be generating these desirable experiences. Sometimes people you depend on leave and something even better at a higher, more desirable vibration or result comes along. That's why we write things in third person so high power chooses who plays the supporting roles in your life. You don't have to guilt trip people around you. Just say to yourself "Thank you. This or something better."

Success Script Guidelines Continued

3. Write the success script in **third person** using "he," "she," "they" "it" pronouns.

This process **doesn't work to manipulate or fix** the person, place or thing, just to help focus on the best part of what you want (the positive qualities).

(**Within weeks** of my client finally taking out his ex's name in the relationship story, that included the code title he cleverly inserted in her name's place, **he was introduced to his** fast to be engaged **fiancée** that matched his description more completely. In fact a mutual friend saw his script and

introduced the now happy couple day of him tweaking his script.)

Go ahead, take out a blank sheet of paper and create your one or more Circle Maps on any topic you choose. (Put it in your purse and wallet and read it out loud when you want to smile and feel good.)

An alternative or next phase in the manifesting process is the Success Headline. When you write these, imagine reading them at the top of a victorious news story.

Success Headline Examples:

“The Romantic Couple Easily Had Time And Resources To Safely Travel Europe In Style Together”

“The Wise Grandmother and Parents Focused Their Love And Attention On The Special Grandson”

The client of the above success headline was complaining her grown kids were treating her like a dodderly old fool even though she stayed on past retirement years to competently manage a successful real estate firm. We gave her a common ground with her kids to generate more appreciation and better communication and respect. It worked!

“Lady Liberty Wraps Her Loving Arms Around Him”

Written right before a costly court case, this encompassed the miracle we wanted for a bogus child abuse charge, which was thrown out the day of trial saving my client thousands of dollars and headaches.

How do you know this Success Headline is a good fit? Follow the instructions

below and when you read the right script for you “your whole body ZINGS with joy and pleasure indicated you are in love with this future outcome.

4. Write it in past tense as if the event already occurred or **your life is already set up the way you want it** with the situation resolved and your reward already delivered.

(This is where some of the “Get Out Of Hot Water Fast” **kicks into high gear.**)

It’s essential that you **remove or leave** out certain words from your story that blocks your ideal result. These are what I call **TRANSITION WORDS**. *These aren’t what your English teacher told you to use to connect one idea to the next* although it’s suggested you use those too in your communication.

These are the words or statements that put “roadblocks” or “detours” to your desired results because it adds unnecessary steps along the way to goal. These words indicate that you aren’t where you want to be yet.

Even though our brains process 400 Billion bits of information a second, things go more in our favor when we can notify what bits of information we consider important to your desired end result.

That’s why we use the Success Scripts to help filter out distractions and focus in on the snapshot at the end of the race or climb to the top of the summit. With this scripting preparation, our brain, which thinks in pictures and emotions, can process data that’s relevant to our pre-written story.

Eliminate these TRANSITION words: **“was in the process of,” “was going to,” “had made plans to” “after she got money for”** these and any other statements that have you **doing something before you get what you want**.

Leave out the process in the script. Don’t try to figure out the steps to getting what you want in this particular exercise. Just write how you feel when you

have everything you want — after all the steps are complete. Leave the strategy and 10,000 man-hours up to higher power (especially if you are in hot water).

Transition words are tricky buggers because at first read it appears that these descriptions are staged in the past tense and already happened. On closer examination note that you have to do something before you get the result you want. Why make extra work for yourself?

And while we're on the topic, please **leave out**, “Then I ~~got a grant proposal interview for~~ my dream job traveling to the Arctic, Subarctic, tundra, boreal and mountainous regions saving the endangered Caribou ~~who were more of a threat to the endangered plant life. I'm waiting any day to receive my grant approval.~~”

In that statement you have to get through the interview and grant process before you get the results you want. You are also speaking ill of the Caribou who you are about to form an intimate working relationship.

Instead describe what happened after all the resources were in place and you are standing in the field with the majestic prize before you. Tell the story of how wonderful you feel working alongside the Caribou among the beautiful wildlife. SUCCESS HEADLINE: “Ground Breaking Work By Passionate Wildlife Expert Positively Transforms Rejuvenated Caribou Community”

5. The most important element of your one sentence news success headline or detailed success story is including **lots of emotion to convey how you feel when** you are living your happily ever-after victory.

Why is emotion such a key element in the story or headline? It's your GPS, roadmap, guidance to system in this *Get Out Of Hot Water Fast* process.

Add emotions to your business plans to track ideal business.

My clients are grateful after they inserted positive emotions in their business and marketing plans. That way they could quickly identify their ideal vendors, joint venture partners, supporters, employees and profitable opportunities upon the first meeting by the way they felt meeting them. When these new opportunities and connections come along that match your story you can compare how you feel at your first encounter with the way you feel reading your success script out loud. If you don't get that déjà vu, I read, saw or heard this somewhere, electricity coursing through your veins, "Hell Yea!" feeling that you felt when you wrote your success script then that means a better opportunity is just around the corner or go back and tweak the script till you feel that surge of life coursing through your veins.

(One of my first Scripting For Success subjects, a professor with two PhDs in Psychology was having an awful time dating after his divorce. Within five minutes of two strangers sharing a Starbucks table, I pointed out he was dating the same women over and over again that pressed his buttons and that's why he didn't make it to the second date. Within 60 minutes we had a new relationship script for him, which left out all the words, and statements that blocked the flow of meeting his ideal women. 14 days later he excitedly check in with me letting me know that he had two amazing, gorgeous, professional women that matched his success script that were just as crazy into him. I told him he was a powerful manifestor and to make his success script more specific. When I bumped into them at the park a couple years later the winning gal and client still looked like they were thrilled with each other. I got formally introduced as the one who helped bring them together.) Which reminds me...

Take out **QUALIFYING WORDS**. These include idioms: "kind of" "sort of". You want to use words that are crystal clear in describing what you want. Don't confuse, misinterpret or slow down the scripting processes. That's why peppering your success headlines and success scripts with strong positive

emotions are helpful in eliminating grey area, vague statements.

*When I first sat the professor down to write about his ideal mate, he was so use to meeting woman that weren't a match that I could tell he was settling for the safe "request" or script. For example he said, "I want a woman that's **kind of** pretty." I stopped him right there. "Man, kind of? How about "she was a hot, sexy, gorgeous professional woman who made me feel like a young man," I schooled. "I can ask for that?" he sounded surprised. "Absolutely," I encouraged (just having met my husband a couple weeks earlier and knowing he was the one), it's your happily ever-after story."*

Step 6

I tell my clients to read this statement NOT TO FIX ANYTHING just to test drive that energy or feelings, (as you would your dream car at the dealers).

Reread the statement anytime you want to feel good and remind yourself of your new focus/end result.

Reread the statement anytime you want to feel good and remind yourself of your new focus/end result.

Know if your statement is the right one for you?

We are all tuning forks and filters of reality. *(See String Theory)*

Where do people get stuck in this process when they try to solve legal, relationship or financial problems alone?

1. People get very emotional describing the relationship, financial or legal problems and come from a place of fear, anger, being stuck, rage, hopelessness, depression, helplessness, pending doom, regret, self pity, shock, shame and sadness.

2. People have trouble stepping out of the fear and the seriousness of the current legal, financial and/or relationship drama in their lives. They blame others and feel trapped on this path. They don't yet understand how using their imagination or understand the power of having fun to create a new best-case scenario, *miracles, shifts from fear to love*. They describe what they don't want.

What is needed for the miracle to shift from fear to love?

This comes about from stepping out of the current drama and coming from a place of playfulness, joy, excitement, delight, love, celebration; emotions one feels when the best case scenario is fully experienced. Since the future is always in the future and the present is all we have, the best we can do is trick our awareness in thinking it's living a happy, rewarding best-case scenario. In this *Get Out Of Hot Water Fast* session people get to test drive and step into the experience of what it's like to experience what they desire. Sometimes during this *test drive* clients discover what they thought they wanted doesn't feel right. Talk about a great way to save tons of time, money and energy not going down that previously intended path.

CHALLENGE

(At first people find it difficult and ridiculous to pretend everything is amazing or going to be fine when they have focused on regret for the past and fear of the future. Yet that is the first step to making the shift towards creating a financial, relationship or legal miracle.)

3. Once people have the opportunity to get clear on their best case scenario and get in touch with their ideal feelings in that experience-it's time to create a story or a news headline to help anchor in the ideal results in the person's mind, body and spirit. **This is a statement I created that reflects the best possible outcome for the subject in the situation.** The statement is designed to help you feel great and connect with these happily ever-after emotions that are present when you get your dream come true results (which your sensors perceive is happening right now). The

statement is not designed to fix the situation. It's just designed for the subject to feel good when reading it.

While the spine tends to adjust so that the eyes are parallel to the ground, a person's perception of outer reality seems to compliment what is thought and felt on the inside. That's why it's so crucial that you break up the drama and stress with a walk or a new fun activity that distracts from the "stink'n think'n".

Unlike affirmations that state: *I, AM Get Out Of Hot Water Fast* statement is created in such a way that bypasses the ego mind that's good at arguing, "That's not me yet," "I Am not wealthy" "I am in financial and legal trouble," "That's impossible." "I can never get those miracle results." "Things are too messed up to fix." "I'm doomed." "I don't have the money, energy, time or resources to fix that," "My awful legal, financial and relationship fate is sealed."

Why the "Get Out OF Hot Water Fast" process works:

In every moment there are over a trillion possibilities for your next future moment. This includes the everyday task of brushing your teeth. You might do it basically the same way each time, yet you don't have to. You could brush your teeth right after bungee jumping. It's up to you to decide what feelings, thoughts, and conversations to focus on in every given moment.

(Ryan Stewman a millionaire at 24 told me during my LiveYourPeace.com interview that every morning he does a happy dance in the mirror the get emotionally pumped for the day.) You might have seen the pre-school girl on Youtube do the amazing happy dance in the mirror every morning. The success news stories and success headlines we co-create in the beginning of our mentor, client relationship are designed to help you focus your mind body and spirit on a new set of conversations, feelings, choices, opportunities that you had not considered in

previous moments.

We lose our power when we react out of fear and base our decisions on our current unfortunate reality. Choose instead to positively impact rather than react even if you feel silly for a bit using your imagination muscles.

We gain our power when we use our imagination, gratitude, and focused intentions on what we truly want.

How does this affect our finances, legal issues or relationships? Since we are not in charge of fixing any of those things, while we are in a state of panic and fight or flight mode, all we can do is focus on the things in our life that are working and feel really good. (I'm starting to feel some push back from this last comment. Go ahead in crisis mode and try to make positive changes without the use of creativity.)

Instead, step out of the tug of war of trying to fix the old reality or slide back into worry and fear and "do what ever it takes to feel good." – Abraham-Hicks

Through the *Get Out Of Hot Water Process*, our new "what if" playfulness is like the caterpillar inside the cocoon whose body turns from solid caterpillar to a jelly like substance with no definite form in the transformation phase. During that time we get to choose to grow our wings or stay stuck and die in the caterpillar form bound by the gravity of the current situation. Or we can choose to emerge as the butterfly that can fly above it all to a miraculous new reality.

How To Recognize and Embrace Miracles Quickly

MIRACLE TIP 1

When you get inspired act on it. You don't want to be the guy at the next gate when you check out of here asking the powers of be, "Why didn't I get more help?" only to find out that the two rowboats and helicopter during the flood were meant

for you. When you get an idea to call someone, send a thank you note, ask for help, reach out and do it. Take inspired action, which can be supported by your matching script that previously designed the desired conversations, experiences and feeling.

How Do Miracles Appear?

Financial, Legal and Relationship Miracles usually appear through opportunities with other people in the following ways:

1. People buy more from you.
2. People gift you.
3. People praise and recommend you.
4. People inspire you.
5. People thank and appreciate you giving you the courage to share more.

MIRACLE TIP 2

Get inspiration from others on what miracles are possible. Go online or to your local library and watch videos, read books or listen to podcasts on people's financial, legal and relationship victories. One book I've enjoyed while writing *Get Out Of Hot Water Fast* is: ***Bouncing Back: The Life of Bill Bartmann***, about a guy who started out with all the disadvantages of kid growing up in poverty with lots of siblings and two poor parents busy working and unable to keep little Billy out of trouble. Yet living on the streets, becoming a traveling carnival worker, getting in gang fights, being told he'd never walk again when fell drunk down a flight of stairs as a teen, dropping out of high school and working a hog butchering factory were all fodder and valuable skill sets to make fortunes in a couple industries.

While I suggest you leave all this out of your success scripts and headlines, it's an inspiration to read how Bill Bartmann who had epic failures and amazing success

as a lawyer, real estate investor, oil man and debt collector, didn't back down when he was faced with the same seemingly insurmountable challenges. He was and still is: confronted by corporate bullies; the head of labor unions, banks, IRS and big Wall Street lenders. Not only is ***Bouncing Back: The Life of Bill Bartmann*** a great read, my brain is already formulating the epic screenplay.

When you read biographies of pioneers like Bill where they are literally the David's creating new opportunities in a world of Goliath's, it naturally triggers some of your own bold miracle generating success headlines that may not have seemed possible rectifying your current relationship, legal and financial nightmares.

That's one of the reasons I love interviewing captains of industry especially the natural born story tellers; best selling, high earning authors in coaches for my **LiveYourPeace.com** and **JVattraction.com** podcasts.

Myths of Getting out of Legal, Financial and Relationship Challenges

Myth number one is that Scripting For Success only works when things are going well.

Myth number two is once you are faced with scary legal, financial and relationship challenges your goose is about to be cooked and it's going to be a struggle to climb your way out.

If you learn anything from these Bill Bartmann pioneers of industry biographies, just when you think you are painted into a legal, financial and relationship corner with back stabbing, incompetent help that's just before big paydays, opportunities and growth.

Myth number three is you are stuck in your current circumstances.

How We Stepped Out Of Our Old Reality And Created A Better One:

I noticed this early on in my marriage when Jason was in his second job out of college doing two jobs for barely comparable pay for one employee as a lead programmer and head of the IT hosting department managing the other programmers on top of his own work load. After working all day Jason was expected to drive to Bethlehem and fix the servers that went down in the middle of the night. His beeper went off more times than I imagined most doctors our first two years of marriage. He no sooner put out fires in the IT department and the company would have massive growth and reoccurring income generated through Jason's programs in the website hosting department. I suggested Jason ask for a larger stake in his bosses company and they just laughed.

These surges in growth came with bigger new problems for the hosting department that Jason seemed to handle without much sleep. Jason also didn't like the way his last employer made contracts based on the maximum the customer could "afford" without consulting the staff about timelines or what was really needed or possible. A couple Friday evenings I found Jason curled up in fetus position on the couch overwhelmed with the fires he had to extinguish that upcoming weekend.

For about six months I told Jason, "If you are going to be in this much pain why don't you resign and start your own company with the integrity and service you so desperately crave." Being the pragmatism, he wanted to have at least six months savings before leaping out onto his own. I reminded Jason that I had lived out of tent and occasionally slept on park benches and soup kitchens (listening to hell and brimstone sermons before a meal) so I didn't need much to survive.

When Jason finally agreed to start Immersion Technology Inc. we went over the business plan he had wrote and I encouraged him to reword statements that reflected we were already doing this in our company rather than in some uncertain

future date. This really helped Jason hit the ground running, that and taking a year long sales training course on consultative selling, where he listened to the prospect's pain and came up with a solutions his clients wanted to solve the technical problem. Jason quickly found he had to practically help his start-ups write business plans to create an effective website.

When Jason finally did resign, it took six months and three full time employees to fully replace him. (I had a feeling all along he was their workhorse.) On Jason's way out the owners offered to pay Jason the salary they promised him when they first recruited Jason from his first job out of college. O.K. maybe it wasn't that bad, but close. It was time to raise Jason's standards, expand his container, script a larger.

The first thing we did was go on a ten day vacation around our wedding anniversary the week of June 18th 2007. (We had no idea if we'd have time or money to go anywhere again.) We had friends over our house for our monthly potluck parties which we started a year earlier during our new house warming party and just kept the second Saturday parties going for a good two years. It guaranteed we got to see friends and have a much cleaner house at least once a month. As the last of our guests were sipping drinks on our patio, we told them they could lock up, we were leaving for vacation at 10pm that night.

With a look of surprise we told them we had the bikes, suitcase and tents loaded on the back of the car and our first night of our adventure started an hour away in Bethlehem, PA camping on a high school for the 24 hour *Relay For Life* that raises money for cancer. The second and third night we camped in the Catskills and went to an international high school video festival because it was raining none-stop.

At the festival we meet one of the ladies who we met painting by the lake with her nature group the previous day. Then we explored the town of Albany NY and stayed with a professor and her husband who worked as a newspaper night editor. Their baby and preschool gymnast were perfect for our first CouchSurfing.org hosts.

Then we stayed with a recent college hospitality industry graduate in tents and he showed us all around the fancy Lake Placid resort community where they held the in 1932 Winter Olympics.

We brought our own portable grill and cooked our gracious host a feast. Then we stayed with French Canadian in Quebec who proudly showed us his custom made home (he was about to sell after a divorce) while we dined on delicious food with lots of red wine while listening to romantic conversations understanding every sixth French word. These included stories with his five dear friends about the construction of his dream house including; bringing a black smith out of retirement to create iron rod spiral stair cases and getting the massive church doors that opened up to his bedroom loft and Jacuzzi tub.

Myth number four is you have to wait for others to validate you and pay your dues.

I had all these judgments about how my dreams of speaking on stage, traveling the world, working with dream clients who need a fast turn around was going to look and feel. For a long time I wrote off my experiences as flukes including; those gurus I followed just happened to speak at a local and cross conference I was at and my amazing experience hadn't matched my dream. The \$20,000 and trip to Indonesia was given to me by family so how powerful of a manifestor am I really if I didn't come up with the job to earn that trip and \$20K on my own. The people I helped get four and five figure of additional revenue that week were already meeting with business and spiritual advisors for months so how much did our 90 minute *Get Out Of Hot Water* sessions really speed things along?

I had all these all these preconceived notions of what success was; a certain number of clients, work X amount of hours a week, being featured in the media and doing so many radio interviews. I even thought I wasn't successful enough because I was only interviewing Oprah, NY Times, Forbes and Fox Business experts and not the ones featured on those shows. (O.K. now we all can have a good laugh.)

I also had this critical self sabotaging feeling that even though I apprenticed with top marketing and personal development leaders in the world somehow I was less than for dropping out of community college my third semester and choosing a career in health and wellness still in high school that I still love. And of course that decade and a half of helping people write and publish books online and with major publishers wasn't as good as having a framed diploma in The Humanities, (Hey, I didn't want to box myself in.) I mean who's going to accept backpacking around the world, being married a decade to my best friend, helping my husband and I start and grow two successful businesses and using this scripting stuff to recover from chronic childhood back-pain, losing my identical twin sister as penance for failing out of my third semester of college Spanish, Speech Class and Anatomy. (And I couldn't even use my broken Spanish in Barcelona Spain because they spoke Catalan. Doh!) But the four-year-old rock climbing Barcelona girl we stayed with was adorbs.

None of these myths or self-sabotaging beliefs are true whatsoever because in my own struggling I've helped my clients have experienced with such huge returns on their investment that they stay with me for a long time and some of these results include:

1. Got dream JAG for less than current car payment before the second class
2. Dissolved heartbreaking ongoing family inheritance drama in days by shifting focus
3. Saved thousands on legal fees when a bogus court case was thrown out with a one sentence statement

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4. Saved hundreds of dollars on a much-needed vacation
5. A tax collector apologized for their accounting error during next day tax audit after a panicked client called about a surprise audit for their business
6. Had a relative unexpectedly offer to pay for teen's entire college education and a place to live for four years (worth \$80K-\$100K).
7. Turned luck around and couple won a photo shoot and 42" flat screen TV
8. Attracted the clients needed to saved their business from closing that week
9. Met their dream woman described in his Success Script less than 14 days
10. Easily connected with their ideal high paying, easy to work with clients
11. Got an unexpected \$10,000 raise and travel abroad expenses paid as a public school teacher, and medical bills and babysitting paid for her daughter's kidney treatment in a seemingly poor school district even though the daughter aged out of family health insurance coverage
12. Turned from fear to laughter and strength in an abusive divorce and stopped being bullied out of her share of a multi-million dollar estate
13. Had customers late on bills suddenly call and make payment in full
14. At the final hour got a place to live for free for a couple fun, odd jobs
15. Got a flood of new business once we tallied \$200,000+ of unpaid work from family and previous overtime salaried work
16. \$100/ hour therapist unexpectedly got paid \$8000 for 80 sessions in advance without additional marketing

17. Sat on an expert panel next to the very idol who inspired her success
18. Quickly found dream house for excellent below market value price
19. Leaders in her industry began suddenly asking to work with her
20. Got back together and lived abroad happily married with ex girlfriend

The Opportunity

Everything that I've told you probably seems really easy, doesn't it?

Just write down the exact results you want even if all hell is breaking loose, and then ignore the drama and feel good about having what you want.

It's probably like, "It's been proven that people that write down their goals make more and have more fulfilling lives than those that wander aimlessly through the highs and lows of their life with out a clue on how to monitor their thoughts, emotions and painful or rewarding events in their lives.

Well it's easy to you because you are a spiritual, open minded, scientifically curious, professional, savvy person who does your best to play by the rules while being an avid student of success training and personal development.

Unfortunately there are people around you that are not so conscious and let's say **bold**. They don't have all the necessary skill to hold it together and they have flexible moral and standards that have undoubtedly infringed on your pursuit for your birthright of life liberty and the pursuit of happiness.

You've also had your string of synchronicities, successes, times of acceptance,

fun strolls through your favorite communities bumping into fun and interesting people while munching on something delicious as time whizzed by.

You may have even forgave the people who you entrusted in your personal and professional life after they broke promises they made to you or went out of their way to stiff you... or somehow set you back more than a bit.

Conversation we had about scripting to get out of hot water fast made sense- yet you know you can't bring this conversation to many of your conservative linear thinking circles.

Yet you can tell how much of this stuff could have a practical application in dealing with your current situation and help you be more proactive in creating more ideal relationships, financial successes and stay out of legal hot water in the future with that whole mental and emotional filter we talked about earlier.

So here's the thing. This very same method I just outlined to you is what I personally used to help my clients generate income and best-case scenario results that far exceeded their previous monthly income or dream come true gifts, opportunities and joyful experiences. Yet despite the steps I laid out before my audience, people without the consistent mentoring and group support fail to recognize miracles or enjoy a steady, increasingly abundant flow of financial, legal and relationship blessings even though they are all around them.

Let's take the hairdresser and married mother of three whose family was unexpectedly gifted with \$80,000-\$100,000 commitment from the distant aunt and uncle. Out of the blue (while she was taking my class) they offered to pay for my student's eldest daughter's college and a place to live those four years. That

opportunity had been there for a while but the “miracle shift/focus/conversation” hadn’t happened yet. What if this mother beside herself with gratitude from the lessons and support she received in our weekly training hadn’t praised the class or was hung up on having to manifest that \$100,000 to pay for her daughter’s college. (Hey, this hairdresser still might be hung up about trying to figure out how they are going to work hard to pay for the other two daughters, now that her seven-week class with me has ended) Although she has received the steps outlined in this training will she have enough support on her own to see that kind of quantum leap in her flow of abundance? What’s cool even though the hairdresser wasn’t one of my VIP monthly clients she still got massive benefit from her intro class.

How much of a financial miracle did this hairdresser receive? Mind you miracle come in different shapes and sizes?

According to Salary Outlook First the median hair stylist makes less than \$22,500 a year, which is just twice the federal poverty level. At a 15% tax rate without any deductions she’s pay \$3,750 in federal taxes.

Let’s pretend the hairdresser makes \$22,500 and after paying 15% in taxes (\$3750) she has \$18,750 for the year. Since she has her husband’s salary they decide half of her annual income, \$9375 goes into their daughters’ college fund. Without any special interest baring account the current tax and income rates it would take 10.5 years for her to save for her eldest of three daughters and 33 years for all three.

These relatives gifting the eldest daughter close to \$100,000 in education and room and board was indeed a financial miracle.

What are some of the things that lead to this financial miracle?

Being in a supportive “miracle” group who actively:

1. Set specific measurable intentions
2. Met for an hour weekly to align with feel good intentions
3. Class exercises to boost wellbeing and awareness of manifested desires
4. Discussed being stuck and getting feedback from participants and myself
5. Share with the aunt and uncle gratitude over the miracle group
6. Inspired generosity in her aunt and uncle and classmates
7. Was open to financial miracles and gifts
8. Graciously accepted the promised gift valued at: \$100,000 for her eldest daughter’s education when it appeared

It’s not that hard, it just takes practice and positive reinforcement.

The fact of the matter is, helping people focus on what is working in their lives and giving them specifically tailored financial, legal and relationship success scripts has been one of the most rewarding experiences of my life and it happens over and over during each 90 minute talk, private session, live event and late night emergency phone calls. *(You know who you are.)*

For most of my clients, within a couple of scripting sessions they are able to go through the process themselves with laser focused results.

Yet whether they have a huge income or are living paycheck-to-paycheck they still wondered how to get to the next level.

Some of them run households and local community organizations, and were the “go to person” in the group or had employees and did business internationally. They knew in their heart of hearts how much more power, joy and fulfillment they

could experience with the ability to transform their pending financial, legal and relationship setbacks and got help transcending to the next level of their record breaking success.

Letting the incompetent, underhanded, trouble-makers in their personal and professional life pick away at or blatantly destroying their peace of mind. Yet it was just sickening and no longer acceptable when they finally realized resources available at their fingertips to rise above costly, nagging, life draining challenges.

With scripting, it only took me less than 30 days to help my featured 2013 clients and student mentioned earlier.

Getting Out Of Hot Water Fast used the *Scripting* process to quickly build a strong enough mote around my clients' sand castles at high tide. And it was exciting helping people make that leap to playfully create more desirable castles inland, as the waters rushed their motes.

Even though I mentioned being able to manifest specific measurable things to save businesses, pay huge college bills, avoid huge pending lawsuits my clients have realized the value of having a creative mastermind to waive their magic pen or stroke of the keyboard to literally shift the conversations of the media, co-workers, vendors, family members as suddenly as if they had called ACTION to the theatrical script. In their hands we energetically designed in 90 minutes or less their *Get Out Of Legal, Financial and Relationship Hot Water Fast* scripts.

While my clients couldn't see who was running the stage lights and projector at the theater of their lives, the work we did together trained them to sense and feel important upcoming scenes and gave them insight on how to create the director

notes and step into the leading man and woman in the comedy of their lives with confidence and exhilaration.

Yes, it's true there were many ways they could have let life continue to rob them of all life had to offer. Yet with a few strokes of the keyboard and pen their biggest financial neglect switched from under valuing themselves to realizing how much they had contributed to their communities and how to harness that untapped abundance. Much gratitude seeded a sudden influx of jobs, savings, raises, projects, profitable partnerships, and dedicated new help. Soon they were generously giving like a rock stare on a mental and emotional level from the previously untapped \$200K-\$500K of good will and offerings they already invested in their families and communities over the last 5, 10, 20, 40+ years. That's one of the ways they suddenly had an influx of cash or unexpected financial gifts or miracles around more fulfilling work and play.

Also the incompetent, underhanded trouble-makers that once plagued them and threatened to hinder their finances, savings, reputation and business, became non-issues as they shifted their focus on the things that were working in their daily lives and mental and emotional awareness.

With that said, it's sickening when you know there are resources at your fingertips to rise above these nagging vicious relationship, legal and financial cycles.

Aware that this is a common problem that crosses all races, social classes and ages, I just went out, found some people that needed help; I helped them, and got paid. You can implement what I've shown you and help others who are stuck because they are focusing on what's not working. You can begin to change how you talk to these co-workers, staff, family members, prospects, contractors and give them new success headlines to switch off their negative self talk. Help transform the local and global conversation on our health, economy, community, resources to powerful positive mental and emotional focus that drives your vision forward.

Heck, kids get it. When I gave a talk to the junior high Youth Toastmasters I had a line that lasted past my scheduled talk. These pre-teens were so eager to share their success headlines personalized around their MVP Super Bowl, scientific and business accomplishments.

And all you really need is an open mind, a willingness to commit to an end result, a clear idea of how that best-case scenario would make you feel and a written statement that pleases and tricks the subconscious mind that what you want is already here in the present moment or better yet already happened.

LAW OF THE UNIVERSE: If there is a desire the result exists. I guess that's why Jewel Weed often grows next to Poison Ivy.

Imagine members of your family and organizations taking time before important meetings, hiring decisions, mergers, family holiday meals to script for success.

Before that important sales call or parent teacher conference your sales force or significant other jotted down their victory headline of how they felt during the exchange, **a technique they witnessed you doing.**

And you learned how to suspend fears around how you were going to get what you wanted. Without putting conditions on how you were going to receive your miracle – “a shift from fear to love” your scripts were direct evidence that these people, experiences, dream career, friends, travel adventures, inventions were meant for you because of that déjà vu feeling you come to love.

The amazing part was the scripting process only required Skype for private and group support calls, a laptop, a legal pad and a pen. Occasionally you go fancy and used a calculator. Those were pretty much the tools you used in your abundant, fulfilling life and business. Very low stress, very low tech to measure you had the finances, experience and relationship your heart desired.

Resolving conflict and being proactive in the future didn't have to be a social, economic, family, retirement or career nightmare.

In over a decade I've been sharing this stuff I only had one four figure a month take me up on my 100% money back guarantee and she insisted I only give her back half of what she paid because the Scripting for Success was so valuable. Looking back I admit I did a poor job of listening to my gut during our free get acquainted session. She wasn't my typical marketing client who wanted to leverage her time, expertise and resources. She only wanted to do one-on-one sessions and she wasn't interested in how she could have an automated coaching program up and running the first month. Feeling uncomfortable with a 99,99999 Scripting For Success rate I have since tweaked my ideal client script. Lesson learned, right?

It's also funny how people I've helped Get Out Of Hot Water with legal issues come to me for relationship and financial challenges even though it's using the same universal resources and mindset training.

Last but not least, the fact of the matter is – and I'll prove it to you here – scripting is easier to do than, suing someone, getting a job you hate, dealing directly with disgruntled employees, family members and clients or paying for everything you want out of your savings or paycheck.

Recap of Keys to Scripting

All right, so, just as a quick recap, here are some key points so far:

Scripting is MUCH MORE practical, time, money and self respect conserving than giving into the crazy makers in your life and paying them and their brood lot of unnecessary expenses to fix the drama.

As a result the more you practice asking for what you want with carefully worded scripts that can quickly focus your attention for at least the necessary 17

seconds for major but kicking and put that pure concentrated thought on autopilot once you have a statement that makes you feel all tingly and alive when you read it.

The time-savings of knowing exactly how you want your conversation with a new contact or long time connection to be including how it feels, sounds, looks, smells is “gold Jerry, gold”. You don’t have to struggle with writing goals, saying “I AM affirmations or sit still trying clear your mind and concentrate on “nothing”.

You’re not limited to how much credit you have or money in the bank to summon exactly what you intend to receive whether it’s meeting an ideal client or having a distant relative surprise you with dream come true generosity.

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You’ll become a faster manifestor as you encourage and inspire others by the way you communicate your positive intentions.

All of these things represent why Scripting is a huge opportunity for us right now to make a tremendous positive changes in our lives, families, communities, in our relationships and finances, and it doesn’t matter if you are running a multi-national company, a start up, work for a company, are unemployed, run a household, are back packing across the country, still in school or retired. Having the ability to have pure focus on your best-case scenario even when the powers that be are flinging big time mud in your direction you still have control of your most powerful resource: **your mental and emotional state of being.**

Oh and you don’t have to be Oprah Winfrey, Bill Gates, Angelina Jolie, Richard

Branson to have a heart directed mission and make a significant difference in your community. And you can come close to mentally and emotionally tithing as much as them the more you give and forgive.

If you are waiting for the conditions to improve in your career, relationships and finances before you go inside and really connect with what you want you might never get the results you want.

It's up to you to get crystal clear on you best case scenario moving forward starting now. When heart centered leaders set positive intensions and create miracles in their finances and relationships it sends out a ripple effect, elevating the community. Start with creating one success news headline before you have that next important conversation or face the pending issues of your current reality. A little over a minute of pure positive thought equals over a million man-hours. Now is your time.

Join our free Facebook group that has free resources from MIRACLE MONDAYS called [ASSET GROWTH](#).

Also send an email to ruth@ScriptingForSuccess.com

to learn more about our masterminds, products and services to help you plan and create financial, career and relationship miracles!

Blessings, Ruth

