

# Ruth Anne Wood

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## Career Focus \*

To help people feel their best mentally, emotionally, physically, financially, creatively and spiritually through wellness and success training and holistic therapy

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## Core Competencies \*

Massage; Shiatsu, Craniosacral, Myofascial, Deep Tissue, Reiki, Shen Tai. Yoga.; five Rites, Hatha. Counseling: Success and Wellness mindset

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## Professional Experience \*

### Wellness/ Massage Therapy

**Empowerment of Massage**- Doylestown and Yardley, PA

Help clients in 60-120 minute massage sessions. Treat stress and pain. Run business

### Business/ Marketing Strategist

**Scripting for Success** - Doylestown, PA

Help business owners get quick cash infusion, work with ideal clients and team

### Publishing

**Thriving Artist Press** - Doylestown, PA

Write, edited and organized stories, data, graphics into manuscripts for publication.

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## Education \*

### Oriental Medicine and Massage – Practitioner 1999

**International School of Shiatsu** - Doylestown, PA

Over 2 years of Anatomy Physiology, Macrobiotic Cooking, Oriental Medicine, Massages, 500 hours of study and practice.

### Liberal Arts 1995

**Bucks County Community College** - Newtown, PA

Core requirements in English, writing, public speaking, ceramics, martial arts.

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## Professional Affiliations \*

**Board Member** - IT web design company officer / Church council secretary / Woman's Business Forum - PR / Toastmasters of Doylestown VP of Education

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## Accomplishments \*

### Show Host/ Reality Show Cast Member

Scheduled/ interviewed over 70 executives, entrepreneurs and media superstars for LiveourPeace.com interview series. / Interacted with cast and director in TV pilot. / Served wellness clients since 1999. Subject of a couple health and spiritual movies.